

February 15, 2015
Pastor Mike Albin

Living Hope Church

Let's Practice Jesus' Blessed Life!
Jesus' Sermon On The Mount Teaches Us How To Build Our Home Wisely

"What are you giving up for Lent?"
Matthew 6:16-18

When you fast,

Do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full.

But when you fast, put oil on your head and wash your face, so that it will not be obvious to men that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Be committed to The Purpose of Fasting: F _____

Be aware of The Problem with Fasting: S _____

Practice The Process of Fasting: C_____

D_____:

U_____:

S_____:

Look Forward To The Promise of Fasting: R_____