

**Let's Practice Jesus' Blessed Life
Why And How Jesus Prevents Adultery
Matthew 5:27-30**

You have heard that it was said, 'Do not commit adultery.'

But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

Why is Jesus talking to men only about sex?

When does a look become lust?
James 1:13-15

Adrift in the ocean drinking sea water?



If your right eye causes you to sin, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

Q. Why should we obey Jesus' command?

A. Jesus says pornography has serious consequences.

“Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you received from God? You are not your own; you were bought with a price. Therefore, glorify honor God with your body.” **I Corinthians 6:18-20**

Q. How do we obey Jesus?

- **Be filled with the Spirit.**

So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. **Galatians 5:16**
Read “*The Apostle Paul’s Secret to Fighting Sexual Sin*” by Luke Gilkerson (October 31, 2014) on web at www.covenanteyes.com

- **Make a covenant with your eyes.**

Job 31:1 “I made a covenant with my eyes not to look lustfully at a girl.”

- **Be Accountable.**

www.covenanteyes.com Proverbs 2:16-19; 5:1-23; 6:20-7:27

- **Fill your thoughts with real beauty.**

“Finally, brothers, whatever is *true*, whatever is noble, whatever is *right*, whatever is *pure*, whatever is *lovely*, whatever is *admirable*—if anything is *excellent* or *praiseworthy*—think about such things.”
Philippians 4:8

- **“Drink water from your own cistern, running water from your own well.”** Proverbs 5:5-20

- **Be squeaky clean.**

Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires, and greed, which is idolatry....you must rid yourself of all such things as these...”
Colossians 3:5, 8

- **Seek professional counseling to break the addiction.**

Real righteousness surpasses Religious righteousness
_____ prevents adultery _____ punishes adulterers

Next Sunday: Whose fault divorce? Matthew 5:31, 32