

Let's Practice Jesus' Blessed Life!

Blessed are the meek for they shall inherit the earth.

Matthew 5:5

Blessed

The Greek word for "blessed" is "makarios". The island of Cyprus was called the "makarios" island, the happy island. The idea was that those who lived on Cyprus never had to leave its shores in order to have all they needed to be content. They had natural resources and minerals. They had a beautiful place to live. The island was self-contained. The islanders were content with what they had on island and were "happy." When we are blessed of God we are in a sense self-contained; that is, our happiness does not come from circumstances that happen to us, but from our loving relationship with our Creator.

are the meek

- *"He is a meek horse."*
- Aristotle's "golden mean."
- *"Now the man Moses was very meek, above all the men who were upon the face of the earth." Numbers 12:3*
- *"Take my yoke upon you and learn from me, for I am meek and lowly." Matthew 11:29*
- Let's remember how this "*meek*" Jesus behaved!
- Jesus' meekness is _____, our _____ under the Holy Spirit's control.
- We express meekness by _____.

How do we practice the meekness that Jesus blesses?

_____ → _____ → *meekness*

Meekness is the _____ of the Holy Spirit. Galatians 5:23

Meekness makes us _____.

"Therefore, get rid of all moral filth and the evil that is so prevalent, and **meekly** accept the word planted in you, which can save you. Do not merely listen to the word, and so deceive yourselves. Do what it says." **James 1:21,22**

Meekness is _____ each day.
Clothe yourself with **meekness**. **Colossians 3:12**

Meekness is a valuable _____.
But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and **meekness**.

Meekness _____ all relationships.
Show **meekness** toward all. **Titus 3:2**

Meekness _____ wives.
“Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. Instead, it should be that of your inner self, the unfading beauty of a **meek** and quiet spirit, which is of great worth in God’s sight.” **1 Peter 3, 4**

Meekness enhances our _____.
But in your hearts set apart Christ as Lord. Always be prepared to give the reason for the hope you have. But do this in meekness and respect, keeping a clear conscience, so that those who speak maliciously against your good behavior in Christ may be ashamed of their slander. **1 Peter 3:15,16**

Meekness is a mark of _____.
Who is wise and understanding among you? Let him show it by his life, by deeds done in the **meekness** that that comes from wisdom. **James 3:13**

for they shall inherit the earth.
Psalm 37:11 "the meek will inherit the land and enjoy great peace."

Next Sunday: *“Blessed are those who hunger and thirst for righteousness, for they will be filled.”* Matthew 5:6